

## CONNECTICUT

### **Bloomfield Center for Nursing and Rehabilitation**

355 Park Avenue | Bloomfield, CT 06002  
t: **860.242.8595**  
www.BloomfieldHealthCare.com

### **Cambridge Health and Rehabilitation Center**

2428 Easton Turnpike | Fairfield, CT 06825  
t: **203.372.0313**  
www.CambridgeManorRehab.com

### **Ludlowe Center for Health and Rehabilitation**

118 Jefferson Street | Fairfield, CT 06825  
t: **203.372.4501**  
www.LudloweCenterHealth.com

### **Maple View Health and Rehabilitation Center**

856 Maple Street | Rocky Hill, CT 06067  
t: **860.563.2861**  
www.MapleViewManor.com

### **Marlborough Health and Rehabilitation Center**

85 Stage Harbor Road | Marlborough, CT 06447  
t: **860.295.9531**  
www.MarlboroughHealthCare.com

### **Milford Health and Rehabilitation Center**

195 Platt Avenue | Milford, CT 06460  
t: **203.878.5958**  
www.MilfordHealthCareCenter.com

### **Regency House Nursing and Rehabilitation Center**

181 E Main Street | Wallingford, CT 06492  
t: **203.265.1661**  
www.RegencyHouseWallingford.com

### **Riverside Health and Rehabilitation Center**

745 Main Street | East Hartford, CT 06108  
t: **860.289.2791**  
www.RiverRehab.com

### **The Pines at Bristol Center for Health and Rehabilitation**

61 Bellevue Avenue | Bristol, CT 06010  
t: **860.589.1682**  
www.PinesBristol.com

### **Village Crest Center for Health and Rehabilitation**

19 Poplar Street | New Milford, CT 06776  
t: **860.354.9365**  
www.VillageCrestRehab.com

### **Water's Edge Center for Health and Rehabilitation**

111 Church Street | Middletown, CT 06457  
t: **860.347.7286**  
www.WatersEdgeRehab.com

## VERMONT

### **Pine Heights at Brattleboro Center for Nursing and Rehabilitation**

187 Oak Grove Avenue | Brattleboro, VT 05301  
t: **802.257.0307**  
www.PineHeightsBrattleboro.com

# Pulmonary Rehabilitation PROGRAM



www.nathealthcare.com



www.passportrehab.com



*Your Way Home*

#### Corporate Compliance Statement:

It is the policy of this facility to fully comply with all federal and state laws governing fraud and abuse in healthcare programs and to expect all employees, contractors, and consultants to conduct themselves in an ethical and responsible manner. This facility does not discriminate on the basis of race, creed, color, national origin, physical disability, past/present history of mental disorder, marital status, sex, age or religion in admission or access to treatment or employment in programs and activities. (4/2012)

# Effectively Managing Pulmonary Disease

According to the American Lung Association, COPD is the third leading cause of death in the United States. COPD and other Pulmonary Disorders are often preventable and treatable. The Pulmonary Disease Management Program, part of the Passport Rehabilitation Program consists of an individualized interdisciplinary Rehabilitation Program which is designed to maximize the functional abilities of persons with Pulmonary Disorders.



## Program Goals:

---

- Manage respiratory symptoms (dyspnea, fatigue)
- Reduce the need for emergency room visits
- Increase the ability to perform activities of daily living
- Provide education to patients and families

We will provide special tools to assist in the success of the program including educational materials and specialized equipment needs as necessary. Pulmonary rehabilitation education will include lung disease education, medication, oxygen usage, and breathing retraining.

## Program Objectives

---

- Coordinated effort and establishment of working communication between all involved parties including hospital, practitioner, skilled nursing facility, and home health
- Consistent education for patients and families using shared materials and key learning components including management of medications, diet, exercise, and healthy lifestyle choices

- Knowledgeable staff at our facilities with enhanced education and training
- Post discharge follow-up

## Specialized Staff & Advanced Training

---

- Pulmonologist on staff
- Respiratory Therapist on staff
- Advanced Practice Registered Nurse
- Interdisciplinary approach to disease management
- Early focus on intervention strategies
- Advanced Practice Registered Nurse (APRN)

## Pneumonia Pathway

---

Community acquired pneumonia is a leading cause of morbidity and mortality in the United States. Three million patients each year develop this condition which has an overall mortality rate of approximately 10%. National HealthCare pneumonia pathway assists in reducing unwanted variation in treatment and outcomes, identify best practices, and promotes efficient use of resources.



For more information, visit us at [www.PassportRehab.com](http://www.PassportRehab.com)